



John W. Beiter, Ph.D., CST
www.sexhealthdoc.com

For Immediate Release

Contact: Dr. John W. Beiter
Phone: 248-906-8301
Email: Info@sexhealthdoc.com
Website: SexHealthDoc.com

New Relationship Fitness Training workshop aimed at helping couples create stronger, more fulfilling relationships.

Troy, MI – *September 17, 2013* – A new 6-week program aimed at helping couples strengthen their relationship begins Thursday, October 3, 2013 and is being sponsored by Troy Continuing Education.

Dr. John Beiter, Clinical Psychologist and AASECT Certified Sex Therapist, recently relocated his practice from Pittsburgh to Troy.

“Many couples have a desire for a closer, more secure relationship and this program is designed to help them reach deeper levels of physical and emotional intimacy,” according to Dr. Beiter.

This fitness program is based on a holistic approach to helping couples get their relationship in the best shape ever and is grounded in a seven-prong approach centered on mutual respect, fun and intimacy. The seven areas include: Communication, Intimacy, Lifestyle, Nutrition, Spirituality, Education and Environment.

Couples will be able to custom design a program to strengthen the areas that are most important and unique to their relationship. The course will provide various options for practice within the relationship, as well as offer couples the opportunity to share best practices and learn from each other’s experiences. It is designed to be both educational and collaborative.

For more information on the program and to register visit: www.sexhealthdoc.com or call 248-906-8301.

Event Details

Who: Dr. John Beiter, Clinical Psychologist and AASECT Certified Sex Therapist

What: Relationship Fitness Training for Couples

Where: Niles Center, Troy, MI

When: October 3 – November 7, 2013

If you would like more information about this topic or to schedule an interview with Dr. Beiter, please call 248-906-8301 or email info@sexhealthdoc.com.